

Session One

FULFILLMENT **FORMULA**

Diving POWERED BY NAVIGATION™

FULFILLMENT =

A/P x EX x EC + S = YOUR FULFILLMENT!

My intention is:

What's in my way of being _____?

R _____ =

R _____ =

R _____ =

-

In order to _____, I must/have to/
should be/do/have _____.

-

In order for me to _____, they
must/have to/should be/do
have _____.

-
-

In order to receive their love/
validation/acceptance, I must/have to/
should be/do/have

_____.

R _____ =

R _____ =

My top block(s) is(are):